

Treatments

Broken or fractured Teeth: On occasions, although teeth are strong they can chip, fracture or break.

This may be as a result of trauma, biting onto something hard or a general weakness of the tooth.

Minor fractures may not carry any symptoms and usually just feel rough on the tongue. Larger or deeper fracture may be painful especially if the fracture extends into the nerve inside the tooth.

For fractured teeth you must see a dentist, treatment will vary depending on the extent and severity of the break. Options range from a slight smoothing for minor fractures and fillings to larger areas and in more severe cases a crown may be needed.

It is important to contact your dentist for a full assessment straight away to avoid more damage

Fillings: Fillings are generally provided to repair broken teeth or restore damaged tooth tissue resulting from tooth decay. The decay is removed and replaced with the filling material of choice to prevent further damage and tooth loss. Below is a number of different filling materials

Amalgam: This is a hard wearing long lasting metal based filling which has been used for over 100 years, this is not an attractive option as it is silver in colour and is generally used in the back teeth.

Glass Ionomer (tooth coloured): This is mainly used for young children as it is fairly weak and wears away quickly, it can help to prevent further decay as it releases fluoride.

Composite Filling (tooth coloured): These are bonded on a ceramic material in a resin base. They are strong and adhere to teeth and are highly aesthetic making them indistinguishable from the rest of the tooth.

They are predominately used on the front teeth and are increasingly used to restore and replace metallic fillings on the back teeth as the general public are now demanding white.

Crowns: A crown is an artificial tooth which sits over an existing tooth substance that is too weak to support a filling, it can also be used as a cosmetic treatment for unsightly teeth or as protection after root canal.

Bridges: Bridges are recommended when there are one or more teeth missing that effects your bite, appearance and speech.

Veneers: Veneers are a very popular choice and are a great way of improving the appearance of your smile.

They are a small slither of porcelain which sits over you existing tooth substance. They are usually used on front teeth and can be used to improve the shape and colour of your teeth.

Xrays: We are able to provide digital radiographs, which are instantaneous and can be shown to our patient on a large screen in our surgerys, this enables the dentist to discuss treatment options with a visual aid.

Root Canal: This is a dental procedure to treat infection at the centre of the tooth. This can be caused by extensive tooth decay and dental trauma.

Root canal should be no more unpleasant than having a filling and in 9 out of 10 cases is successful.

Dentures: There are various types of dentures available and once you've had a consultation with the dentist he will be able to advise of the best option to suit your needs,

A denture can replace your natural teeth either with a full set of upper or lower teeth or in some cases gaps between teeth this is called a partial denture, they will sit comfortably over your own gums and improves your natural facial profile and confidence whilst helping you to eat and speak more comfortably.

Fluoride Application: This is a topical preventative measure involving the application of fluoride to children, young adults and other high risk groups to help reduce the likelihood of decay developing.

Our fluoride nurse has regular clinics available where she can provide oral hygiene advice and treatment to children and parents. We find this encourages children to brush regular and eat healthy.

Fissure Sealant: This is a resin bond coating which is applied to bite surfaces of back teeth. It forms a permanent barrier that stops food and bacteria getting into grooves in teeth.

Professional Care:

Regular oral health appointments by the dentist or hygienist form the foundation for good oral health.

Our oral health assessments include an exam of your teeth, gums, soft tissue, existing restorations and cancer screening.

Your dentist will recommend a recall period based on your assessment together with having your teeth professionally cleaned.

Cleaning is important to remove staining, plaque and hard deposits which would otherwise contribute to gum disease

Dental hygiene: Scaling and polishing is the best form of preventative treatment as it is essential for healthy gums, scaling and polishing is tailored to suit every patient's individual needs, in conjunction with this treatment the dentist will also talk through dental aids that can be used at home to improve dental hygiene.

Gum Contouring: This is a popular choice for patients that show a lot of gum in their smile or have uneven gum levels. This is mainly done alongside cosmetic dentistry. The amount of gum is reduced to make way for more tooth substance to be added when fitting Crowns, bridges and veneers.

The result is an even appearance when smiling.

Braces: One's appearance has an impact on self-esteem, social structure and even potential for success, a well-aligned pleasing smile can give you the self-confidence to smile more, helping you make the best impression. We offer two types of orthodontic treatment which both require a consultation with one of our dentists so they can make a clinical decision as to what is the preferred option for the patient's needs and requirements.

Clear braces: The aligners used for this treatment are comfortable to wear and virtually invisible. A treatment is customized by the dentist so that at each stage a new aligner is used to apply a constant pressure to gradually move the teeth into the desired position. Each aligner will be worn for two weeks full time and only removed to eat, brush and floss.

This treatment is designed to be worn at all times with the exception of eating and general hygiene.

Treatment times will depend on the severity of the case and the dentist will be able to advise you of these details after your consultation.

Implants: An implant is an artificial root which is made from titanium and is placed onto a pre drilled socket in your jaw bone.

This will then hold a crown, denture or bridge firmly in place and can be used in the case of one or several missing teeth.

Implants can be used to replace:

Single Missing Tooth – This is the treatment of choice when teeth on either side of the missing tooth are perfectly healthy and unrestored. An implant tooth is the closest match to a natural tooth.

PICTURE

Multiple Missing Teeth - Two implants can be used to replace three missing teeth

PICTURE (3 single implants)

PICTURE (3 unit bridge on two implants)

Securing a full denture – especially useful for lower full dentures, Full denture retention is normally a big problem even with the best of fitting dentures, with implants patients start enjoying foods that they would normally avoid and stop worrying about the denture being loose.

PICTURE (implants bar connected to 3 implants. Denture clip onto bar)

PICTURE (attachments to secure denture onto implants)

Should I consider implants?

Bone resorbs as soon as a tooth is extracted / lost.

Having a dental implant to replace missing teeth/ tooth preserves the bone and reduces problems associated with dentures.

An implant tooth replacement is the closest thing to a natural tooth.

How long does the treatment take?

Generally an artificial implant is placed into the jaw bone and allowed to heal over a period of around of around three months.

Once the bone has healed around the implant a crown can be attached to the implant.

Your dentist will check the suitability of bone and other vital structures near the missing tooth space as part of the full assessment.

Clear Braces: One's appearance has an impact on self-esteem, social structure and even potential success. A well aligned pleasing smile can give you self-confidence to smile more helping you to make the best impression.

Inman Alligner: Would you like your teeth straightened but afraid of the cost or the thought of unsightly metal brackets?

Fixed braces can look unsightly and clear braces are very slow and costly.

The amazing revolutionary, Inman Aligner can straighten front front teeth in a fraction of the time and in the fastest way to straighten teeth.

This fantastic wonder brace is mainly used to reposition front teeth and works by using gentle forces to straighten teeth within a very short time. Most cases are complete within 6 – 8 weeks although this will differ depending on the needs of the patient. Each case is individual and will require consultation.

The Inman Aligner is extremely useful before cosmetic procedures helping to rapidly guide the front teeth into a favourable position before cosmetic veneers/crowns . The result of these tooth movements is that smile makeovers look and feel more natural and the gum profile is enhanced.

A great advantage of the Inman aligner is that it is a removable brace, so for that very important meeting the brace can be left out of the mouth for the duration needed.

Teeth Whitening: Teeth whitening has become one of our most popular cosmetic treatments, having a whiter brighter smile instantly improves your confidence and adds a sparkle to your smile. Teeth pick up staining from food and drink i.e tea, coffee and can naturally yellow with age. Other types of discolouration maybe due to medical conditions or treatments.

At Cherry Tree we provide two different types of whitening which both have the same result a whiter brighter smile.

ZOOM Immediate Whitening : This is our safe chairside option which has a maximum duration of one hour 45 minutes. So within two hours you will have the whiter brighter smile. Each patient leaves the practice with their own custom made trays for maintaining the colour of their new white smile.

NITE WHITE: Each patient is provide with a highly accurate fitting tray which is custom made for the themselves.

These specially designed trays seal the whitening gel over the teeth to achieve the very best whitening results possible.

Gel is placed in the trays and then worn over night allowing the gel to work on the teeth whilst you are asleep, causing minimal disruption to your daily routine.

For those patients that find night time wear uncomfortable, an alternative whitening gel is available allowing the same procedure to be carried out but by wearing the trays for forty five minutes during the day.

All our specially formulated gels contain ACP a very smart ingredient that protects the enamel. Powerful desensitizers are added to the whitening gels to ensure your experience is as comfortable as possible.

Whether you are going on holiday, getting married or are just fed up with looking at a dull smile our whitening procedures will ensure your smile is looking the best for those memorable photos.